Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
ADULT LONG RACE

Race Director   J Snell

Date 27 March 2022
Event Start 08:15

Format   Run 2 miles / Bike 10 miles / Run 1 mile
Direction   Anti Clockwise : Mass Start
Sheet Rev   2

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams

Time Format : Laps mm:ss.s / Overall hh:mm:ss.s

Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : OPEN

Postion	Bib	First	Last	Gender	Cat	Club	Time
1	41	Jose Ramon	Polo Lopez	Male	Vet	Hillingdon Triathletes	40:43.3
2	48 *	Angus	Stoneham	Male	Senior	Beaconsfield Cycling Club	41:08.0
3	44	Clark	Schofield	Male	Vet	Hillingdon Triathletes	41:12.5
4	57	Mike	Wood	Male	Vet	Hillingdon Triathletes	41:50.8
5	29	David	Knight	Male	Vet	Hillingdon Triathletes	42:11.5
6	35	Aidan	McLucas	Male	Senior	Hillingdon Triathletes /B2P	42:42.4
7	19	Spencer	Bateman	Male	Senior	Optima Racing Team	43:17.1
8	51	Jonathan	Thomson	Male	Vet	Willesden Triathlon	43:53.8
9	31	Manan	Kumar	Male	Senior	Hillingdon Triathletes	44:08.1
10	10	Lucy	Hoseason	Female	Senior	Viceroy Triathlon Club (VTC)	45:17.5
11	24	Adnane	Felloussi	Male	Vet	Hillingdon Triathletes	46:29.3
12	20	Kenny	Burton	Male	Senior	Hillingdon Triathletes	46:51.6
13	37	Vlad	Nebolsin	Male	Vet	Hillingdon Triathletes	47:23.1
14	32	Ian	Leslie	Male	SV	Hillingdon Triathletes	47:29.9
15	46	Jeff	Shotton	Male	Vet	Hillingdon AC	48:21.8
16	43	James	Robertson	Male	Senior		48:26.6
17	27	Andy	Golden	Male	SV		48:50.7
18	50	Kevin	Thomas	Male	Senior	Hillingdon Triathletes	49:01.4
19	9	Alison	Hopkins	Female	Vet		49:44.3
20	22	Neal	Clark	Male	SV	Hillingdon Triathletes	49:53.0
21	34	Chris	Marchand	Male	SV	Hillingdon Triathletes	50:40.5
22	58	Martin	Woodhams	Male	SV		51:00.7
23	4	Katherine	Conibere	Female	Senior	Hillingdon Triathletes	52:41.3
24	28	Tom	Howells	Male	SV	Hillingdon Triathletes	52:51.8
25	13	Alice	Sheehan	Female	Senior	Hillingdon Triathletes	52:57.1
26	53	Gareth	Walters	Male	Vet	Hillingdon Triathletes	52:59.1
27	18	Oliver	Allen	Male	Vet		53:33.8
28	26	Jacob	Gloor	Male	SV	Hillingdon Triathletes	53:38.1
29	52	Ethan	Tindley	Male	Senior	Hillingdon Triathletes	53:45.5
30	39	Steven	O'keefe	Male	SV	Hillingdon Triathletes	54:13.5
31	1	Debbie	Brown	Female	SV	Hillingdon Triathletes	54:32.6
32	3	Zoe	Carr	Female	Vet	Hillingdon Triathletes	55:16.9
33	49 *	Rob	Sullivan	Male	Senior	Hillingdon Triathletes	55:53.0
34	30	Mark	Krull	Male	SV		56:06.0
35	45	John	Sheehan	Male	SV	Hillingdon Triathletes	57:05.4
36	55	Ned	Wilkinson	Male	SV	Hillingdon Triathletes	57:05.7
37	54	Haibo	Wang	Male	Vet	Hillingdon Triathletes /B2P	57:23.3
38	15	Vivian	Tindley	Female	SV	Hillingdon Triathletes	58:18.8
39	56	Marcin	Wojtal	Male	Senior	Hillingdon Triathletes	58:20.4
40	14	Michelle	Smith	Female	SV	Hillingdon Triathletes	58:26.0
41	17	Janet	Walsh	Female	Vet		59:31.6
42	25	Stephen	Fletcher-Green	Male	Vet		59:35.8
43	6	Zoe	Dobbs	Female	SV		59:50.4
44	2	Jacqui	Burke	Female	SV	Hillingdon Triathletes	01:00:44.6
45	11	Kelly	Millington	Female	SV	Westcroft Triathlon Club	01:01:32.2
46	8	Maxcine	Hill-Beattie	Female	SV		01:02:27.3
47	40	Al	O'Dornan	Male	SV	Evo	01:03:49.8
48	12	Alison	Morley	Female	SV	Hillingdon Triathletes	01:03:50.8
49	16	Danielle	Tinloi	Female	Senior	Hillesden Triathletes	01:04:41.7
-	7	Bridget	Elliott	Female	Senior	Hillingdon Triathletes	DNS
-	21	Dennis	Carey	Male	SV	Hillingdon Triathletes	DNS
-	23	John	Cutler	Male	Vet		DNS
-	33	Rishi	Malliwal	Male	Vet		DNS
-	36	James	Morris	Male	Senior	Hillingdon Triathletes	DNS
-	42	Anthony	Preston	Male	Vet	Weald Tri Club	DNS
-	47	Hartej	Singh	Male	Vet		DNS

Bibs 48 and 49: 11 Bike Laps

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CATEGORY : OPEN

Postion	Bib	First	Last	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Extra Lap+T	Run3	Time
1	41	Jose Ramon	Polo Lopez	Male	Vet	Hillingdon Triathletes	05:04.8	05:49.1	02:44.3	02:20.8	02:19.2	02:18.0	02:18.1	02:18.2	02:18.8	02:18.6	02:16.7	03:12.3	-	05:24.4	40:43.3
2	48 *	Angus	Stoneham	Male	Senior	Beaconsfield Cycling Club	05:11.4	05:46.0	02:41.9	02:08.2	02:09.8	02:09.8	02:09.5	02:09.4	02:07.9	02:07.9	02:07.2	02:08.5	05:19.5	02:51.0	41:08.0
3	44	Clark	Schofield	Male	Vet	Hillingdon Triathletes	05:17.9	05:53.8	02:39.1	02:21.4	02:18.1	02:22.4	02:20.2	02:21.5	02:20.3	02:17.6	02:20.2	02:48.7	-	05:51.3	41:12.5
4	57	Mike	Wood	Male	Vet	Hillingdon Triathletes	05:24.3	06:05.2	02:37.5	02:20.8	02:20.9	02:20.5	02:23.3	02:27.2	02:19.6	02:24.3	02:18.1	02:42.8	-	06:06.3	41:50.8
5	29	David	Knight	Male	Vet	Hillingdon Triathletes	05:33.2	06:07.7	02:39.7	02:21.7	02:21.3	02:21.2	02:20.8	02:20.3	02:18.5	02:19.6	02:17.9	02:56.4	-	06:13.2	42:11.5
6	35	Aidan	McLucas	Male	Senior	Hillingdon Triathletes /B2P	05:31.1	06:14.6	02:41.7	02:22.5	02:21.7	02:21.7	02:20.6	02:21.3	02:24.3	02:25.7	02:26.6	03:13.3	-	05:57.3	42:42.4
7	19	Spencer	Bateman	Male	Senior	Optima Racing Team	04:46.2	05:41.1	02:42.8	02:38.1	02:38.8	02:41.9	02:42.4	02:39.4	02:40.7	02:45.4	02:40.3	03:10.5	-	05:29.5	43:17.1
8	51	Jonathan	Thomson	Male	Vet	Willesden Triathlon	05:32.1	06:17.7	02:46.7	02:28.8	02:29.6	02:30.9	02:31.0	02:30.6	02:28.7	02:28.2	02:28.6	03:29.4	-	05:51.5	43:53.8
9	31	Manan	Kumar	Male	Senior	Hillingdon Triathletes	06:13.9	06:56.3	02:38.0	02:27.0	02:22.0	02:21.5	02:24.5	02:23.4	02:20.9	02:20.3	02:19.5	03:00.9	-	06:19.9	44:08.1
10	10	Lucy	Hoseason	Female	Senior	Viceroy Triathlon Club (VTC)	05:34.8	06:08.7	02:56.7	02:41.2	02:41.9	02:41.4	02:44.5	02:40.3	02:42.9	02:39.2	02:39.6	03:09.2	-	05:57.1	45:17.5
11	24	Adnane	Felloussi	Male	Vet	Hillingdon Triathletes	05:41.5	06:28.5	02:54.7	02:40.7	02:41.7	02:41.0	02:44.2	02:43.2	02:45.6	02:43.5	02:41.7	03:36.4	-	06:06.6	46:29.3
12	20	Kenny	Burton	Male	Senior	Hillingdon Triathletes	06:33.0	07:17.3	02:41.9	02:30.6	02:29.3	02:29.4	02:27.1	02:29.1	02:32.9	02:31.2	02:31.7	03:11.5	-	07:06.6	46:51.6
13	37	Vlad	Nebolsin	Male	Vet	Hillingdon Triathletes	06:24.9	07:12.3	02:51.8	02:35.0	02:34.2	02:37.8	02:36.5	02:38.9	02:37.4	02:38.6	02:36.9	03:05.2	-	06:53.6	47:23.1
14	32	Ian	Leslie	Male	SV	Hillingdon Triathletes	06:07.4	06:55.8	03:05.1	02:40.7	02:40.4	02:37.6	02:37.1	02:39.0	02:41.5	02:39.7	02:40.4	03:34.9	-	06:30.3	47:29.9
15	46	Jeff	Shotton	Male	Vet	Hillingdon AC	06:19.0	06:48.2	02:50.3	02:41.4	02:44.2	02:43.4	02:42.3	02:45.1	02:46.4	02:47.3	02:50.4	03:17.9	-	07:05.9	48:21.8
16	43	James	Robertson	Male	Senior		06:20.7	07:41.2	02:44.6	02:39.7	02:47.7	02:48.8	02:50.2	02:50.4	02:48.7	02:36.4	02:33.0	03:23.9	-	06:21.3	48:26.6
17	27	Andy	Golden	Male	SV		06:34.3	07:12.1	02:58.0	02:44.2	02:44.9	02:42.9	02:42.9	02:42.6	02:40.3	02:40.2	02:43.3	03:12.3	-	07:12.7	48:50.7
18	50	Kevin	Thomas	Male	SV	Hillingdon Triathletes	05:54.9	06:59.6	03:02.5	02:48.5	02:56.3	02:57.3	02:49.2	02:46.3	02:48.9	02:46.5	02:57.6	03:27.4	-	06:46.4	49:01.4
19	9	Alison	Hopkins	Female	Vet		05:54.1	07:07.3	03:10.0	02:58.6	02:56.6	02:57.4	02:56.2	02:55.6	02:55.6	02:54.8	02:51.5	03:43.8	-	06:22.8	49:44.3
20	22	Neal	Clark	Male	SV	Hillingdon Triathletes	07:00.7	07:59.6	02:47.7	02:36.3	02:34.8	02:39.7	02:41.0	02:42.6	02:39.1	02:35.3	02:37.9	03:23.9	-	07:34.4	49:53.0
21	34	Chris	Marchand	Male	SV	Hillingdon Triathletes	06:41.1	07:54.6	03:04.6	02:43.5	02:40.4	02:42.9	02:44.5	02:46.0	02:45.8	02:43.7	02:43.8	04:02.4	-	07:07.2	50:40.5
22	58	Martin	Woodhams	Male	SV		06:46.0	07:34.1	03:03.3	02:54.3	02:51.0	02:48.7	02:53.3	02:52.5	02:52.4	02:53.3	02:55.1	03:54.6	-	06:42.1	51:00.7
23	4	Katherine	Conibere	Female	Senior	Hillingdon Triathletes	06:49.2	07:33.0	03:07.4	02:56.6	02:54.8	03:01.0	03:02.4	02:58.8	02:54.2	03:01.1	03:07.7	03:41.2	-	07:33.9	52:41.3
24	28	Tom	Howells	Male	SV	Hillingdon Triathletes	07:00.9	07:43.8	03:24.9	03:01.3	03:00.1	02:53.5	02:52.0	02:53.7	02:52.5	02:51.8	02:55.9	03:50.1	-	07:31.3	52:51.8
25	13	Alice	Sheehan	Female	Senior		06:48.8	07:16.1	03:16.2	03:10.1	03:12.2	03:08.7	03:12.0	03:11.6	03:09.6	03:05.1	03:05.7	03:35.5	-	06:47.3	52:57.1
26	53	Gareth	Walters	Male	Vet	Hillingdon Triathletes	06:39.9	07:45.1	03:11.4	02:55.4	03:01.4	03:00.9	03:03.5	03:04.2	03:05.5	03:00.9	03:00.4	04:10.4	-	07:00.1	52:59.1
27	18	Oliver	Allen	Male	Vet		07:29.8	08:06.4	03:05.0	02:52.9	02:54.0	03:00.4	02:58.7	02:56.4	02:52.0	02:59.9	03:03.5	03:27.0	-	07:47.8	53:33.8
28	26	Jacob	Gloor	Male	SV	Hillingdon Triathletes	07:49.3	08:54.8	02:55.5	02:43.9	02:44.2	02:43.9	02:45.1	02:43.2	02:43.8	02:43.4	02:41.6	03:40.8	-	08:28.5	53:38.1
29	52	Ethan	Tindley	Male	Senior	Hillingdon Triathletes	06:31.8	07:09.6	03:21.5	03:12.6	03:09.9	03:10.0	03:11.5	03:17.4	03:10.9	03:14.5	03:11.0	03:52.6	-	07:12.2	53:45.5
30	39	Steven	O'keefe	Male	SV	Hillingdon Triathletes	06:05.4	07:00.8	03:34.0	03:16.8	03:14.9	03:14.9	03:12.2	03:15.3	03:16.6	03:16.9	03:20.8	04:39.3	-	06:45.6	54:13.5
31	1	Debbie	Brown	Female	SV	Hillingdon Triathletes	06:50.1	07:35.0	03:14.4	03:10.9	03:08.8	03:07.7	03:11.0	03:10.7	03:09.7	03:11.7	03:16.9	04:04.4	-	07:21.3	54:32.6
32	3	Zoe	Carr	Female	Vet	Hillingdon Triathletes	07:04.3	07:54.6	03:18.2	03:09.5	03:13.3	03:12.9	03:08.2	03:09.5	03:09.4	03:11.1	04:11.1		-	07:23.9	55:16.9
33	49 *	Rob	Sullivan	Male	Senior	Hillingdon Triathletes	06:31.9	07:57.1	03:17.0	02:56.1	02:58.4	03:01.0	02:59.8	03:00.9	03:04.8	02:59.2	02:57.5	03:03.8	06:23.8	04:41.7	55:53.0
34	30	Mark	Krull	Male	SV		07:49.9	09:02.4	03:08.2	02:53.1	02:55.5	02:56.4	02:58.0	02:53.8	02:57.0	03:00.7	02:58.2	04:14.7	-	08:18.1	56:06.0
35	45	John	Sheehan	Male	SV		07:26.5	08:10.0	03:23.4	03:07.1	03:11.3	03:14.4	03:12.5	03:16.1	03:14.4	03:06.1	03:00.1	04:10.9	-	08:11.0	57:05.4
36	55	Ned	Wilkinson	Male	SV	Hillingdon Triathletes	08:02.9	09:08.6	03:21.0	02:54.3	02:53.0	02:57.4	02:57.6	02:57.5	02:55.5	02:59.3	03:00.1	05:04.9	-	07:53.6	57:05.7
37	54	Haibo	Wang	Male	Vet	Hillingdon Triathletes /B2P	07:24.9	09:05.9	03:25.6	03:06.5	03:08.8	03:04.6	03:13.4	03:07.0	03:11.5	03:08.9	03:07.9	04:15.6	-	08:02.7	57:23.3
38	15	Vivian	Tindley	Female	SV	Hillingdon Triathletes	07:43.3	08:58.5	03:35.6	03:04.4	03:02.4	03:01.3	03:02.6	03:04.6	03:08.0	03:02.1	03:06.4	04:42.5	-	08:47.1	58:18.8
39	56	Marcin	Wojtal	Male	Senior	Hillingdon Triathletes	07:42.6	09:46.4	03:15.9	03:10.3	03:09.2	03:07.6	03:07.4	03:05.8	03:03.1	03:06.3	03:16.2	03:46.9	-	08:42.5	58:20.4
40	14	Michelle	Smith	Female	SV	Hillingdon Triathletes	07:52.4	09:20.7	03:34.8	03:09.7	03:01.6	03:07.4	03:09.1	03:02.6	03:04.7	03:09.7	03:12.2	04:25.9	-	08:15.2	58:26.0
41	17	Janet	Walsh	Female	Vet		08:14.5	08:53.6	03:28.4	03:17.2	03:06.6	03:14.1	03:14.5	03:13.3	03:16.3	03:22.8	03:29.1	04:16.7	-	08:24.5	59:31.6
42	25	Stephen	Fletcher-Green	Male	Vet		07:42.2	09:44.8	03:24.2	03:06.4	03:06.4	03:08.6	03:04.5	03:04.8	03:03.0	03:04.5	02:59.6	04:30.0	-	09:36.8	59:35.8
43	6	Zoe	Dobbs	Female	SV		06:53.9	07:39.4	04:02.3	03:43.7	03:47.0	03:41.7	03:39.5	03:34.7	03:42.0	03:34.8	03:40.5	04:26.6	-	07:24.3	59:50.4
44	2	Jacqui	Burke	Female	SV	Hillingdon Triathletes	07:50.8	08:34.8	03:36.9	03:29.3	03:26.5	03:27.5	03:25.6	03:27.2	03:27.5	03:28.7	03:38.2	04:23.8	-	08:27.8	01:00:44.6
45	11	Kelly	Millington	Female	SV	Westcroft Triathlon Club	07:53.5	09:21.9	03:58.5	03:35.2	03:31.6	03:30.8	03:30.5	03:30.5	03:28.8	03:36.3	03:35.5	04:04.5	-	07:54.6	01:01:32.2
46	8	Maxcine	Hill-Beattie	Female	SV		09:05.0	10:51.8	03:24.1	03:01.4	03:00.2	03:00.5	03:03.6	03:07.4	03:06.6	03:05.5	03:10.3	04:34.6	-	09:55.4	01:02:27.3
47	40	Al	O'Dornan	Male	SV	Evo	09:20.0	10:55.2	03:33.9	03:09.3	03:13.9	03:18.1	03:15.4	03:16.9	03:14.3	03:17.6	03:17.4	04:42.0	-	09:15.8	01:03:49.8
48	12	Alison	Morley	Female	SV	Hillingdon Triathletes	08:15.3	09:53.1	03:40.0	03:33.1	03:28.6	03:35.7	03:27.7	03:31.9	03:31.9	03:33.2	03:37.0	04:43.6	-	08:59.7	01:03:50.8
49	16	Danielle	Tinloi	Female	Senior		08:22.0	10:19.4	03:43.3	03:25.0	03:40.6	03:31.8	03:38.6	03:40.0	03:38.8	03:42.6	03:49.7	04:41.5	-	08:28.4	01:04:41.7
-	7	Bridget	Elliott	Female	Senior	Hillingdon Triathletes															DNS
-	21	Dennis	Carey	Male	SV	Hillingdon Triathletes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	23	John	Cutler	Male	Vet		-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	33	Rishi	Malliwal	Male	Vet		-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	36	James	Morris	Male	Senior	Hillingdon Triathletes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	42	Anthony	Preston	Male	Vet	Weald Tri Club	-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	47	Hartej	Singh	Male	Vet		-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS

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CATEGORY : GENDER / AG

Postion	Bib	First	Last	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Extra Lap+T	Run3	Time
1	10	Lucy	Hoseason	Female	Senior	Viceroy Triathlon Club (VTC)	05:34.8	06:08.7	02:56.7	02:41.2	02:41.9	02:41.4	02:44.5	02:40.3	02:42.9	02:39.2	02:39.6	03:09.2	-	05:57.1	45:17.5
2	4	Katherine	Conibere	Female	Senior	Hillingdon Triathletes	06:49.2	07:33.0	03:07.4	02:56.6	02:54.8	03:01.0	03:02.4	02:58.8	02:54.2	03:01.1	03:07.7	03:41.2	-	07:33.9	52:41.3
3	13	Alice	Sheehan	Female	Senior	Hillingdon Triathletes	06:48.8	07:16.1	03:16.2	03:10.1	03:12.2	03:08.7	03:10.2	03:11.6	03:09.6	03:05.1	03:05.7	03:35.5	-	06:47.3	52:57.1
4	16	Danielle	Tinloi	Female	Senior	Hillingdon Triathletes	08:22.0	10:19.4	03:43.3	03:25.0	03:40.6	03:31.8	03:38.6	03:40.0	03:38.8	03:42.6	03:49.7	04:41.5	-	08:28.4	01:04:41.7
-	7	Bridget	Elliott	Female	Senior	Hillingdon Triathletes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS

Postion	Bib	First	Last	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Extra Lap+T	Run3	Time
1	1	Debbie	Brown	Female	SV	Hillingdon Triathletes	06:50.1	07:35.0	03:14.4	03:10.9	03:08.8	03:07.7	03:11.0	03:10.7	03:09.7	03:11.7	03:16.9	04:04.4	-	07:21.3	54:32.6
2	15	Vivian	Tindley	Female	SV	Hillingdon Triathletes	07:43.3	08:58.5	03:35.6	03:04.4	03:02.4	03:01.3	03:02.6	03:04.6	03:08.0	03:02.1	03:06.4	04:42.5	-	08:47.1	58:18.8
3	14	Michelle	Smith	Female	SV	Hillingdon Triathletes	07:52.4	09:20.7	03:34.8	03:09.7	03:01.6	03:07.4	03:09.1	03:02.6	03:04.7	03:09.7	03:12.2	04:25.9	-	08:15.2	58:26.0
4	6	Zoe	Dobbs	Female	SV		06:53.9	07:39.4	04:02.3	03:43.7	03:47.0	03:41.7	03:39.5	03:34.7	03:42.0	03:34.8	03:40.5	04:26.6	-	07:24.3	59:50.4
5	2	Jacqui	Burke	Female	SV	Hillingdon Triathletes	07:50.8	08:34.8	03:36.9	03:29.4	03:26.5	03:27.5	03:25.6	03:27.2	03:27.5	03:28.7	03:38.2	04:23.8	-	08:27.8	01:00:44.6
6	11	Kelly	Millington	Female	SV	Westcroft Triathlon Club	07:53.5	09:21.9	03:58.5	03:35.2	03:31.6	03:30.8	03:30.5	03:30.5	03:28.8	03:36.3	03:35.5	04:04.5	-	07:54.6	01:01:32.2
7	8	Maxcine	Hill-Beattie	Female	SV		09:05.9	10:51.8	03:24.1	03:01.4	03:00.2	03:00.5	03:03.6	03:07.4	03:06.6	03:05.5	03:10.3	04:34.6	-	09:55.4	01:02:27.3
8	12	Alison	Morley	Female	SV	Hillingdon Triathletes	08:15.3	09:53.1	03:40.0	03:33.1	03:28.6	03:35.7	03:27.7	03:31.9	03:31.9	03:33.2	03:37.0	04:43.6	-	08:59.7	01:03:50.8

Postion	Bib	First	Last	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Extra Lap+T	Run3	Time
1	9	Alison	Hopkins	Female	Vet		05:54.1	07:07.3	03:10.0	02:58.6	02:56.6	02:57.4	02:56.2	02:55.6	02:55.6	02:54.8	02:51.5	03:43.8	-	06:22.8	49:44.3
2	3	Zoe	Carr	Female	Vet	Hillingdon Triathletes	07:04.3	07:54.6	03:18.2	03:09.5	03:13.3	03:12.9	03:10.9	03:08.2	03:09.5	03:09.4	03:11.1	04:11.1	-	07:23.9	55:16.9
3	17	Janet	Walsh	Female	Vet		08:14.5	08:53.6	03:28.4	03:17.2	03:06.6	03:14.1	03:14.5	03:13.3	03:16.3	03:22.8	03:29.1	04:16.7	-	08:24.5	59:31.6

Postion	Bib	First	Last	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Extra Lap+T	Run3	Time
1	48 *	Angus	Stoneham	Male	Senior	Beaconsfield Cycling Club	05:11.4	05:46.0	02:41.9	02:08.2	02:09.8	02:09.8	02:09.5	02:09.4	02:07.9	02:07.9	02:07.2	02:08.5	05:19.5	02:51.0	41:08.0
2	35	Aidan	McLucas	Male	Senior	Hillingdon Triathletes /B2P	05:31.1	06:14.6	02:41.7	02:22.5	02:21.7	02:21.7	02:20.6	02:21.3	02:24.3	02:25.7	02:26.6	03:13.3	-	05:57.3	42:42.4
3	19	Spencer	Bateman	Male	Senior	Optima Racing Team	04:46.2	05:41.1	02:42.8	02:38.1	02:38.8	02:41.9	02:42.4	02:39.4	02:40.7	02:45.4	02:40.3	03:10.5	-	05:29.5	43:17.1
4	31	Manan	Kumar	Male	Senior	Hillingdon Triathletes	06:13.9	06:56.3	02:38.0	02:27.0	02:22.0	02:21.5	02:24.5	02:23.4	02:20.9	02:20.3	02:19.5	03:00.9	-	06:19.9	44:08.1
5	20	Kenny	Burton	Male	Senior	Hillingdon Triathletes	06:33.0	07:17.3	02:41.9	02:30.6	02:29.3	02:29.4	02:27.1	02:29.1	02:32.9	02:31.2	02:31.7	03:11.5	-	07:06.6	46:51.6
6	43	James	Robertson	Male	Senior		06:20.7	07:41.2	02:44.6	02:39.7	02:47.7	02:48.8	02:50.2	02:50.4	02:48.7	02:36.4	02:33.0	03:23.9	-	06:21.3	48:26.6
7	50	Kevin	Thomas	Male	Senior	Hillingdon Triathletes	05:54.9	06:59.6	03:02.5	02:48.5	02:56.3	02:57.3	02:49.2	02:46.3	02:48.9	02:46.5	02:57.6	03:27.4	-	06:46.4	49:01.4
8	52	Ethan	Tindley	Male	Senior	Hillingdon Triathletes	06:31.8	07:09.6	03:21.5	03:12.6	03:09.9	03:10.0	03:11.5	03:17.4	03:10.9	03:14.5	03:11.0	03:52.6	-	07:12.2	53:45.5
9	49 *	Rob	Sullivan	Male	Senior	Hillingdon Triathletes	06:31.9	07:57.1	03:17.0	02:56.1	02:58.4	03:01.0	02:59.8	03:00.9	03:04.8	02:59.2	02:57.5	03:03.8	06:23.8	04:41.7	55:53.0
10	56	Marcin	Wojtal	Male	Senior	Hillingdon Triathletes	07:42.6	09:46.4	03:15.9	03:10.3	03:09.2	03:07.6	03:07.6	03:05.8	03:03.1	03:06.3	03:16.2	03:46.9	-	08:42.5	58:20.4
-	36	James	Morris	Male	Senior	Hillingdon Triathletes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS

Bibs 48 and 49: 11 Bike Laps

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022   Race Director   J Snell
ADULT LONG RACE

Date 27 March 2022   Format   Run 2 miles / Bike 10 miles / Run 1 mile
Event Start 08:15   Direction   Anti Clockwise : Mass Start
                                            Sheet Rev   2

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s
Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are
lap times and include the T1 and T2 transitions

CATEGORY : GENDER / AG

Postion	Bib	First	Last	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Extra Lap+T	Run3	Time
1	32	Ian	Leslie	Male	SV	Hillingdon Triathletes	06:07.4	06:55.8	03:05.1	02:40.7	02:40.4	02:37.6	02:37.1	02:39.0	02:41.5	02:39.7	02:40.4	03:34.9	-	06:30.3	47:29.9
2	27	Andy	Golden	Male	SV		06:34.3	07:12.1	02:58.0	02:44.2	02:44.9	02:42.9	02:42.9	02:42.6	02:40.3	02:40.2	02:43.3	03:12.3	-	07:12.7	48:50.7
3	22	Neal	Clark	Male	SV	Hillingdon Triathletes	07:00.7	07:59.6	02:47.7	02:36.3	02:34.8	02:39.7	02:41.0	02:42.6	02:39.1	02:35.3	02:37.9	03:23.9	-	07:34.4	49:53.0
4	34	Chris	Marchand	Male	SV	Hillingdon Triathletes	06:41.1	07:54.6	03:04.6	02:43.5	02:40.4	02:42.9	02:44.5	02:46.0	02:45.8	02:43.7	02:43.8	04:02.4	-	07:07.2	50:40.5
5	58	Martin	Woodhams	Male	SV		06:46.0	07:34.1	03:03.3	02:54.3	02:51.0	02:48.7	02:53.3	02:52.5	02:52.4	02:53.3	02:55.1	03:54.6	-	06:42.1	51:00.7
6	28	Tom	Howells	Male	SV	Hillingdon Triathletes	07:00.9	07:43.8	03:24.9	03:01.3	03:00.1	02:53.5	02:52.0	02:53.7	02:52.5	02:55.9	03:50.1		-	07:31.3	52:51.8
7	26	Jacob	Gloor	Male	SV	Hillingdon Triathletes	07:49.3	08:54.8	02:55.5	02:43.9	02:44.2	02:43.9	02:45.1	02:43.3	02:43.8	02:43.4	02:41.6	03:40.8	-	08:28.5	53:38.1
8	39	Steven	O'keefe	Male	SV	Hillingdon Triathletes	06:05.4	07:00.8	03:34.0	03:16.8	03:14.9	03:14.9	03:12.2	03:15.3	03:16.6	03:16.9	03:20.8	04:39.3	-	06:45.6	54:13.5
9	30	Mark	Krull	Male	SV		07:49.9	09:02.4	03:08.2	02:53.1	02:55.5	02:56.4	02:58.0	02:53.8	02:57.0	03:00.7	02:58.2	04:14.7	-	08:18.1	56:06.0
10	45	John	Sheehan	Male	SV	Hillingdon Triathletes	07:26.5	08:10.0	03:23.4	03:07.1	03:11.3	03:14.8	03:11.4	03:12.5	03:16.1	03:14.4	03:16.0	04:10.9	-	08:11.0	57:05.4
11	55	Ned	Wilkinson	Male	SV	Hillingdon Triathletes	08:02.9	09:08.6	03:21.0	02:54.3	02:53.0	02:57.4	02:57.6	02:57.5	02:55.5	02:59.3	03:00.1	05:04.9	-	07:53.6	57:05.7
12	40	Al	O'Dornan	Male	SV	Evo	09:20.0	10:55.2	03:33.9	03:09.3	03:13.9	03:18.1	03:15.4	03:16.9	03:14.3	03:17.6	03:17.4	04:42.0	-	09:15.8	01:03:49.8
-	21	Dennis	Carey	Male	SV	Hillingdon Triathletes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS

Postion	Bib	First	Last	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Extra Lap+T	Run3	Time
	41	Jose Ramon	Polo Lopez	Male	Vet	Hillingdon Triathletes	05:04.8	05:49.1	02:44.3	02:20.8	02:19.2	02:18.0	02:18.1	02:18.2	02:18.8	02:16.6	02:16.7	03:12.3	-	05:24.4	40:43.3
	44	Clark	Schofield	Male	Vet	Hillingdon Triathletes	05:17.9	05:53.8	02:39.1	02:21.4	02:18.1	02:22.4	02:20.2	02:21.5	02:20.3	02:17.6	02:20.2	02:48.7	-	05:51.3	41:12.5
	57	Mike	Wood	Male	Vet	Hillingdon Triathletes	05:24.3	06:05.2	02:37.5	02:20.8	02:20.9	02:20.5	02:23.3	02:27.2	02:19.6	02:24.3	02:18.1	02:42.8	-	06:06.3	41:50.8
	29	David	Knight	Male	Vet	Hillingdon Triathletes	05:33.2	06:07.7	02:39.7	02:21.7	02:21.3	02:21.2	02:20.8	02:20.3	02:18.5	02:19.6	02:17.9	02:56.4	-	06:13.2	42:11.5
	51	Jonathan	Thomson	Male	Vet	Willesden Triathlon	05:32.1	06:17.7	02:46.7	02:28.8	02:29.6	02:30.9	02:31.0	02:30.6	02:28.7	02:28.2	02:28.6	03:29.4	-	05:51.5	43:53.8
	24	Adnane	Felloussi	Male	Vet	Hillingdon Triathletes	05:41.5	06:28.5	02:54.7	02:40.7	02:41.7	02:41.0	02:44.2	02:43.2	02:45.6	02:43.5	02:41.7	03:36.4	-	06:06.6	46:29.3
	37	Vlad	Nebolsin	Male	Vet	Hillingdon Triathletes	06:24.9	07:12.3	02:51.8	02:35.0	02:34.2	02:37.8	02:36.5	02:38.9	02:37.4	02:38.6	02:36.9	03:05.2	-	06:53.6	47:23.1
	46	Jeff	Shotton	Male	Vet	Hillingdon AC	06:19.0	06:48.2	02:50.3	02:41.4	02:44.2	02:43.4	02:42.3	02:45.1	02:46.4	02:47.3	02:50.4	03:17.9	-	07:05.9	48:21.8
	53	Gareth	Walters	Male	Vet	Hillingdon Triathletes	06:39.9	07:45.1	03:11.4	02:55.4	03:01.4	03:00.9	03:03.5	03:04.2	03:05.5	03:00.9	03:00.4	04:10.4	-	07:00.1	52:59.1
	18	Oliver	Allen	Male	Vet		07:29.8	08:06.4	03:05.0	02:52.9	02:54.0	03:00.4	02:58.7	02:56.4	02:52.0	02:59.9	03:03.5	03:27.0	-	07:47.8	53:33.8
	54	Haibo	Wang	Male	Vet	Hillingdon Triathletes /B2P	07:24.9	09:05.9	03:25.6	03:06.5	03:08.8	03:04.6	03:13.4	03:07.0	03:11.5	03:08.9	03:07.9	04:15.6	-	08:02.7	57:23.3
	25	Stephen	Fletcher-Green	Male	Vet		07:42.2	09:44.8	03:24.2	03:06.4	03:06.4	03:08.6	03:04.5	03:04.8	03:03.0	03:04.5	02:59.6	04:30.0	-	09:36.8	59:35.8
-	23	John	Cutler	Male	Vet		-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	33	Rishi	Malliwal	Male	Vet		-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	42	Anthony	Preston	Male	Vet	Weald Tri Club	-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS
-	47	Hartej	Singh	Male	Vet		-	-	-	-	-	-	-	-	-	-	-	-	-	-	DNS

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
SUPER SPRINT, ADULT, YOUTH & JUNIOR RACE

Race Director   J Snell

Date 27 March 2022
Event Start 09:30

Format	Run 2 km / Bike 10 km / Run 1 km
Direction	Anti Clockwise : Mass Start
Sheet Rev	0

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s
Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap

CATEGORY : OPEN

Bib	First Name	Last Name	Gender	Cat	Club	Time
99	Jonah	Marks	Male	Junior		26:02.8
98	Lukas	Koehler	Male	Junior		26:30.5
108	Theo	Treadwell	Male	Youth	Greenwich Tritons	26:47.9
94	Ethan	Flack	Male	Youth	Optima Racing Team	26:59.7
100	Matthew	Marsh	Male	Youth	Greenwich Tritons	27:56.8
102	Christopher	Parker	Male	Junior	Thames Valley Triathletes (TVT)	28:24.8
107	Oliver	Tom	Male	Youth	Walden Tri	28:33.7
104	Christopher	Richardson	Male	Junior	London Fields Triathlon Club	28:43.4
92	Oliver	Doherty	Male	Youth	Greenwich Tritons	29:02.3
84	Poppy	Mitchell	Female	Junior	Optima Race Team	29:06.6
68	Kieran	Cripps	Male	Adult	Jetstream tri club	29:18.2
70	Kevin	Draper	Male	Adult	Weald Tri Club	29:19.6
96 **	Alexander	Harris Montero	Male	Junior	Greenwich Tritons	29:21.7
91	Ollie	Dixon	Male	Youth	Crystal Palace Triathletes	29:26.9
82	Isabella	Gar	Female	Youth		30:21.8
87	Isabel	Wallace	Female	Youth	Greenwich Tritons	30:25.4
97	Flynn	Holt	Male	Youth		30:46.6
111	Adam	Wood	Male	Junior	Hillingdon Triathletes	31:01.5
110	Ben	Whyatt	Male	Youth	South London harriers	31:08.9
103	Archie	Porter	Male	Youth	Greenwich Tritons	31:24.8
72	Przemyslaw	Radomski	Male	Adult	Hillingdon Triathletes	31:34.7
80	Garance	Ferera	Female	Youth	London academy	31:44.2
73	Andrew	Steer	Male	Adult	Greenwich Tritons	31:46.4
106	Harry	Thomas	Male	Junior	Cambridge junior triathlon club	32:17.0
90	Jai	Daryanani	Male	Youth	Barnet & District AC	32:25.8
83	Zoe	Hughes	Female	Youth	Optima Racing Team	32:30.6
85	Darcey	Mitchell	Female	Youth		32:42.7
78	Katie	Allen	Female	Youth	Weald Tri Club	32:47.1
105	Joseph	Steer	Male	Youth	Greenwich Tritons	33:01.7
63	Anna	Owens	Female	Adult	Optima	33:17.9
76	Jason	Taylor	Male	Adult	Hillingdon Triathletes	33:53.6
86	Kezia	Monk	Female	Youth		34:59.5
67	Joanna	Wong	Female	Adult	Hillingdon Triathletes	36:10.5
69	John	Dobbs	Male	Adult	Hillingdon Triathletes	36:51.8
75	Chris	Tasker	Male	Adult	Hillingdon Triathletes	37:16.2
66	Simone	Wilson	Female	Adult	Hillingdon Triathletes	41:43.0
62 *	Sally	Hughes	Female	Adult		8 BIKE LAPS
74 *	Budi	Suryaatmadja	Male	Adult	Hillingdon Triathletes	9 BIKE LAPS
88 *	Peter	Bayvel - Zayats	Male	Youth		9 BIKE LAPS
61	Nicola	Forster	Female	Adult		DNS
71	Michael	Gar	Male	Adult		DNS
77	Joshua	Tindley	Male	Adult	Hillingdon Triathletes	DNS
79	Elena	Daviter-Nowell	Female	Youth	Thames Turbo Triathlon Club	DNS
81	Rory	Forbes	Female	Youth	Optima Racing Team	DNS
89	Darius	Bokhari	Male	Youth		DNS
93	Cameron	Elliott	Male	Youth	Optima Racing Team	DNS
95	Oscar	Gossage	Male	Youth	Thames Turbo Triathlon Club	DNS
101	Jarlath	Meenan	Male	Youth	Thames Turbo	DNS

Bibs 62, 74 and 88 completred a reduced number of bikes laps. Refer to race splits for details of timing for run and bike legs

Bib 96 completed 11 bike laps, finish position based on overall time with extra lap

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
SUPER SPRINT, ADULT, YOUTH & JUNIOR RACE

Date 27 March 2022
Event Start 09:30

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s
Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap

CATEGORY : GENDER / AG

Bib	First Name	Last Name	Gender	Cat	Club	Time
63	Anna	Owens	Female	Adult	Optima	33:17.9
67	Joanna	Wong	Female	Adult	Hillingdon Triathletes	36:10.5
66	Simone	Wilson	Female	Adult	Hillingdon Triathletes	41:43.0
62 *	Sally	Hughes	Female	Adult		38:43.1
61	Nicola	Forster	Female	Adult		DNS

Bib 62 : 8 bike laps

Bib	First Name	Last Name	Gender	Cat	Club	Time
84	Poppy	Mitchell	Female	Junior	Optima Race Team	29:06.6
82	Isabella	Gar	Female	Youth		30:21.8
87	Isabel	Wallace	Female	Youth	Greenwich Tritons	30:25.4
80	Garance	Ferera	Female	Youth	London academy	31:44.2
83	Zoe	Hughes	Female	Youth	Optima Racing Team	32:30.6
85	Darcey	Mitchell	Female	Youth		32:42.7
78	Katie	Allen	Female	Youth	Weald Tri Club	32:47.1
86	Kezia	Monk	Female	Youth		34:59.5
79	Elena	Daviter-Nowell	Female	Youth	Thames Turbo Triathlon Club	DNS
81	Rory	Forbes	Female	Youth	Optima Racing Team	DNS

Bib	First Name	Last Name	Gender	Cat	Club	Time
68	Kieran	Cripps	Male	Adult	Jetstream tri club	29:18.2
70	Kevin	Draper	Male	Adult	Weald Tri Club	29:19.6
72	Przemyslaw	Radomski	Male	Adult	Hillingdon Triathletes	31:34.7
73	Andrew	Steer	Male	Adult	Greenwich Tritons	31:46.4
76	Jason	Taylor	Male	Adult	Hillingdon Triathletes	33:53.6
69	John	Dobbs	Male	Adult	Hillingdon Triathletes	36:51.8
75	Chris	Tasker	Male	Adult	Hillingdon Triathletes	37:16.2
74 *	Budi	Suryaatmadja	Male	Adult	Hillingdon Triathletes	40:58.9
71	Michael	Gar	Male	Adult		DNS
77	Joshua	Tindley	Male	Adult	Hillingdon Triathletes	DNS

Bib 74 : 9 Bike Laps

Bib	First Name	Last Name	Gender	Cat	Club	Time
99	Jonah	Marks	Male	Junior		26:02.8
98	Lukas	Koehler	Male	Junior		26:30.5
102	Christopher	Parker	Male	Junior	Thames Valley Triathletes (TVT)	28:24.8
104	Christopher	Richardson	Male	Junior	London Fields Triathlon Club	28:43.4
96 **	Alexander	Harris Montero	Male	Junior	Greenwich Tritons	29:21.7
111	Adam	Wood	Male	Junior	Hillingdon Triathletes	31:01.5
106	Harry	Thomas	Male	Junior	Cambridge junior triathlon club	32:17.0

Bib 96 : 11 Bike Laps

Bib	First Name	Last Name	Gender	Cat	Club	Time
108	Theo	Treadwell	Male	Youth	Greenwich Tritons	26:47.9
94	Ethan	Flack	Male	Youth	Optima Racing Team	26:59.7
100	Matthew	Marsh	Male	Youth	Greenwich Tritons	27:56.8
107	Oliver	Tom	Male	Youth	Walden Tri	28:33.7
92	Oliver	Doherty	Male	Youth	Greenwich Tritons	29:02.3
91	Ollie	Dixon	Male	Youth	Crystal Palace Triathletes	29:26.9
97	Flynn	Holt	Male	Youth		30:46.6
110	Ben	Whyatt	Male	Youth	South London harriers	31:08.9
103	Archie	Porter	Male	Youth	Greenwich Tritons	31:24.8
90	Jai	Daryanani	Male	Youth	Barnet & District AC	32:25.8
105	Joseph	Steer	Male	Youth	Greenwich Tritons	33:01.7
88 *	Peter	Bayvel - Zayats	Male	Youth		28:28.5
89	Darius	Bokhari	Male	Youth		DNS
93	Cameron	Elliott	Male	Youth	Optima Racing Team	DNS
95	Oscar	Gossage	Male	Youth	Thames Turbo Triathlon Club	DNS
101	Jarlath	Meenan	Male	Youth	Thames Turbo	DNS

Bib 88 : 9 Bike Laps

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022   Race Director   J Snell
SUPER SPRINT, ADULT, YOUTH & JUNIOR RACE

Date 27 March 2022	Format	Run 2 km / Bike 10 km / Run 1 km
Event Start 09:30	Direction	Anti Clockwise : Mass Start
	Sheet Rev	0

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams

Time Format : Laps mm:ss.s / Overall hh:mm:ss.s

Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : OPEN

Bib	First Name	Last Name	Gender	Cat	Club	Run1	Run2+T	Bike1	Bike2	Bike3	Bike4	Bike5	Bike6	Bike7	Bike8	Bike9	Bike10+T	Bike11+T	Run3	Time
99	Jonah	Marks	Male	Junior		02:55.7	03:24.7	01:46.9	01:30.4	01:34.1	01:35.4	01:32.8	01:32.8	01:33.4	01:35.3	01:37.4	02:02.3		03:21.6	26:02.8
98	Lukas	Koehler	Male	Junior		03:09.8	03:46.8	01:43.5	01:31.9	01:32.5	01:30.3	01:29.6	01:34.2	01:33.7	01:34.4	01:34.6	01:55.7		03:33.5	26:30.5
108	Theo	Treadwell	Male	Youth	Greenwich Tritons	03:00.1	03:29.0	01:50.3	01:37.0	01:35.9	01:35.5	01:38.3	01:40.0	01:35.8	01:38.1	01:41.6	02:11.1		03:14.2	26:47.9
94	Ethan	Flack	Male	Youth	Optima Racing Team	03:00.5	03:32.8	01:44.6	01:37.2	01:38.8	01:35.8	01:36.3	01:39.6	01:36.3	01:38.0	01:40.9	02:05.3		03:33.6	26:59.7
100	Matthew	Marsh	Male	Youth	Greenwich Tritons	03:29.1	03:59.4	01:49.5	01:31.9	01:34.6	01:32.0	01:35.5	01:34.7	01:36.7	01:33.9	01:39.2	02:06.3		03:54.0	27:56.8
102	Christopher	Parker	Male	Junior	Thames Valley Triathletes (TVT)	03:02.8	03:52.9	01:48.1	01:43.7	01:46.0	01:47.5	01:48.0	01:47.7	01:49.5	01:49.3	01:47.1	02:05.6		03:16.6	28:24.8
107	Oliver	Tom	Male	Youth	Walden Tri	03:18.3	03:54.4	01:54.7	01:39.3	01:37.6	01:38.8	01:41.9	01:41.6	01:39.1	01:45.1	01:45.4	02:23.1		03:34.4	28:33.7
104	Christopher	Richardson	Male	Junior	London Fields Triathlon Club	03:06.0	03:51.9	01:58.4	01:44.4	01:45.1	01:44.1	01:44.4	01:43.6	01:47.0	01:47.3	01:47.7	02:10.6		03:32.9	28:43.4
92	Oliver	Doherty	Male	Youth	Greenwich Tritons	03:35.0	04:15.3	01:45.8	01:38.7	01:41.6	01:41.1	01:42.4	01:41.2	01:38.1	01:41.7	01:38.2	02:09.8		03:53.4	29:02.3
84	Poppy	Mitchell	Female	Junior	Optima Race Team	03:19.7	03:59.4	01:50.4	01:44.6	01:47.1	01:42.3	01:45.3	01:46.5	01:45.1	01:41.7	01:37.8	02:12.7		03:54.0	29:06.6
68	Kieran	Cripps	Male	Adult	Jetstream tri club	03:20.4	04:05.4	01:57.2	01:46.1	01:45.3	01:43.7	01:45.8	01:40.1	01:43.7	01:44.6	01:44.2	02:15.6		03:46.1	29:18.2
70	Kevin	Draper	Male	Adult	Weald Tri Club	03:40.6	04:03.6	02:00.8	01:42.2	01:43.3	01:42.5	01:44.0	01:40.7	01:40.4	01:43.2	01:40.5	02:06.7		03:51.1	29:19.6
96 *	Alexander	Harris Montero	Male	Junior	Greenwich Tritons	03:08.9	03:45.2	01:45.8	01:34.7	01:40.1	01:39.3	01:38.0	01:37.2	01:39.1	01:38.8	01:40.7	01:37.6	02:13.0	03:43.3	29:21.7
91	Ollie	Dixon	Male	Youth	Crystal Palace Triathletes	03:32.7	04:09.3	01:53.4	01:43.0	01:48.0	01:39.6	01:42.3	01:41.0	01:44.4	01:45.1	01:44.9	02:19.3		03:43.9	29:26.9
82	Isabella	Gar	Female	Youth		03:43.4	04:09.8	01:57.5	01:48.3	01:45.9	01:48.5	01:47.5	01:48.1	01:45.5	01:47.2	01:46.0	02:16.9		03:57.2	30:21.8
87	Isabel	Wallace	Female	Youth	Greenwich Tritons	03:36.9	04:15.2	01:55.8	01:42.2	01:44.7	01:45.9	01:48.9	01:47.0	01:43.8	01:47.6	01:45.5	02:11.8		04:20.1	30:25.4
97	Flynn	Holt	Male	Youth		03:35.5	04:19.0	01:53.2	01:46.7	01:51.4	01:44.6	01:50.4	01:44.5	01:50.3	01:47.2	01:46.5	02:16.3		04:21.0	30:46.6
111	Adam	Wood	Male	Junior	Hillingdon Triathletes	03:41.0	04:40.7	02:03.7	01:50.3	01:50.1	01:47.1	01:49.1	01:48.3	01:52.0	01:49.6	01:45.9	02:22.3		03:41.4	31:01.5
110	Ben	Whyatt	Male	Youth	South London harriers	03:36.0	04:22.2	01:55.7	01:46.7	01:46.7	01:49.1	01:51.7	01:52.3	01:51.0	01:48.1	01:52.5	02:24.2		04:12.7	31:08.9
103	Archie	Porter	Male	Youth	Greenwich Tritons	03:36.3	04:15.2	02:02.1	01:46.7	01:48.1	01:49.7	01:52.1	01:58.2	02:01.6	01:54.1	01:50.5	02:30.3		03:59.9	31:24.8
72	Przemyslaw	Radomski	Male	Adult	Hillingdon Triathletes	04:17.8	04:55.0	01:53.4	01:42.8	01:40.9	01:44.8	01:42.3	01:42.3	01:41.0	01:39.1	01:35.4	02:28.5		04:31.4	31:34.7
80	Garance	Ferera	Female	Youth	London academy	03:36.4	04:21.7	01:52.8	01:52.5	01:52.5	01:51.5	01:53.1	01:52.1	01:48.9	01:51.0	02:31.3			04:13.0	31:44.2
73	Andrew	Steer	Male	Adult	Greenwich Tritons	03:27.7	04:13.0	02:01.2	01:54.2	01:52.5	01:51.0	01:55.5	01:55.4	01:59.1	01:50.2	01:52.9	02:25.8		04:27.9	31:46.4
106	Harry	Thomas	Male	Junior	Cambridge junior triathlon club	03:12.9	04:07.0	02:00.6	02:02.9	02:07.4	02:08.9	02:07.0	02:01.9	01:58.6	01:58.8	01:56.1	02:18.2		04:16.7	32:17.0
90	Jai	Daryanani	Male	Youth	Barnet & District AC	03:38.4	04:19.9	02:12.7	02:01.5	01:59.5	02:04.1	01:55.6	01:56.4	01:57.1	01:57.6	01:58.3	02:20.2		04:04.5	32:25.8
83	Zoe	Hughes	Female	Youth	Optima Racing Team	03:40.6	04:35.3	02:09.1	01:54.0	01:58.8	01:57.1	01:55.9	01:56.8	01:57.5	01:49.1	01:48.4	02:30.9		04:17.1	32:30.6
85	Darcey	Mitchell	Female	Youth		03:47.0	04:41.4	02:15.6	01:54.5	01:51.1	01:56.3	01:53.8	01:54.7	01:57.5	01:58.1	01:54.0	02:27.3		04:14.1	32:42.7
78	Katie	Allen	Female	Youth	Weald Tri Club	03:39.2	04:34.6	02:23.2	01:57.3	01:56.0	01:56.6	01:53.5	01:55.8	01:56.4	01:58.4	01:53.6	02:31.5		04:11.0	32:47.1
105	Joseph	Steer	Male	Youth	Greenwich Tritons	03:38.3	04:28.3	02:07.8	01:51.9	01:56.7	01:55.9	01:55.6	01:55.6	01:56.4	01:54.7	01:56.4	02:31.5		04:52.6	33:01.7
63	Anna	Owens	Female	Adult	Optima	03:35.4	04:25.6	02:52.4	01:57.4	01:54.4	01:52.0	01:55.4	01:56.8	01:59.1	02:00.0	02:00.6	02:29.5		04:19.3	33:17.9
76	Jason	Taylor	Male	Adult	Hillingdon Triathletes	04:56.7	05:47.6	01:52.0	01:38.4	01:41.2	01:40.6	01:40.9	01:43.4	01:39.6	01:40.7	01:40.9	02:27.6		05:24.0	33:53.6
86	Kezia	Monk	Female	Youth		03:47.9	04:28.2	02:25.9	02:09.5	02:08.4	02:12.1	02:14.5	02:12.5	02:13.4	02:09.0	02:09.6	02:34.1		04:14.4	34:59.5
67	Joanna	Wong	Female	Adult	Hillingdon Triathletes	04:40.1	05:24.8	02:10.5	01:59.4	01:59.9	01:59.7	01:59.8	02:02.4	02:01.6	02:01.4	02:09.0	02:34.4		05:07.5	36:10.5
69	John	Dobbs	Male	Adult	Hillingdon Triathletes	05:11.7	05:55.9	02:06.4	01:50.0	01:53.3	01:55.9	01:55.7	01:53.0	01:51.9	01:55.5	01:55.3	02:34.4		05:52.8	36:51.8
75	Chris	Tasker	Male	Adult	Hillingdon Triathletes	04:51.3	06:09.3	02:11.9	01:53.3	01:56.6	01:59.1	02:02.2	02:00.6	01:56.6	02:01.8	02:06.0	02:47.4		05:20.1	37:16.2
66	Simone	Wilson	Female	Adult	Hillingdon Triathletes	05:23.8	06:19.8	02:27.7	02:14.7	02:17.9	02:20.2	02:12.5	02:14.0	02:20.4	02:22.4	02:24.2	03:04.1		06:01.3	41:43.0
74 **	Budi	Suryaatmadja	Male	Adult	Hillingdon Triathletes	06:00.6	07:28.5	02:33.8	02:33.2	02:36.3	02:36.1	02:35.5	02:43.7	02:45.4	02:59.8	02:48.5			03:27.5	40:58.9
62 **	Sally	Hughes	Female	Adult		06:14.0	08:53.6	02:31.9	02:26.0	02:28.0	02:24.5	02:34.3	02:32.4	02:43.0	02:34.5				03:20.9	38:43.1
88 **	Peter	Bayvel - Zayats	Male	Youth		03:23.8	04:26.2	01:56.5	01:45.7	01:44.6	01:46.3	01:49.8	01:49.9	01:49.3	01:51.4	02:20.0			03:45.2	28:28.5
61	Nicola	Forster	Female	Adult																DNS
71	Michael	Gar	Male	Adult																DNS
77	Joshua	Tindley	Male	Adult	Hillingdon Triathletes															DNS
79	Elena	Daviter-Nowell	Female	Youth	Thames Turbo Triathlon Club															DNS
81	Rory	Forbes	Female	Youth	Optima Racing Team															DNS
89	Darius	Bokhari	Male	Youth																DNS
93	Cameron	Elliott	Male	Youth	Optima Racing Team															DNS
95	Oscar	Gossage	Male	Youth	Thames Turbo Triathlon Club															DNS
101	Jarlath	Meenan	Male	Youth	Thames Turbo															DNS

Bibs 62, 74 and 88 completred a reduced number of bikes laps. Refer to race splits for details of timing for run and bike legs

Bib 96 completed 11 bike laps, finish position based on overall time with extra lap

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
TRISTAR U8

Race Director   J Snell

Date 27 March 2022
Event Start 10:30

Format   Run 400m / Bike 1500m / Run 200m
Direction   Anti Clockwise : Mass Start
Sheet Rev   0

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams

Time Format : Laps mm:ss.s / Overall mm:ss.s

Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : OPEN

BIB	First Name	Last Name	Category	Gender	Club	Time
239	Thomas	Day	TRISTAR (8 & Under)	Male		05:43.5
237	Emily	Walmsley	TRISTAR (8 & Under)	Female	Epsom District Swimming Club	05:43.9
241	Elystan	Hopping	TRISTAR (8 & Under)	Male		06:02.8
244	Theo	Moulden	TRISTAR (8 & Under)	Male	Greenwich Tritons	06:09.0
247	Xan	Tuncer	TRISTAR (8 & Under)	Male	Oxford City AC	06:13.7
232	Abigail	O'Dornan	TRISTAR (8 & Under)	Female		06:24.2
226	Emilia	Allen	TRISTAR (8 & Under)	Female		06:25.3
246	Theseus	Tuncer	TRISTAR (8 & Under)	Male	Oxford City AC	06:27.1
227	Emily	Knight	TRISTAR (8 & Under)	Female	Hillingdon Triathletes	06:28.5
233	Hannah	Schofield	TRISTAR (8 & Under)	Female	Hillingdon Triathletes	06:32.0
238	Tobias	Crossley	TRISTAR (8 & Under)	Male	Hillingdon Slipstreamers	06:34.4
248	Tomasz	Wojtal	TRISTAR (8 & Under)	Male	Hillingdon Triathletes	06:44.0
242	Caspar	Jones	TRISTAR (8 & Under)	Male		07:19.2
249	Filip	Wojtal	TRISTAR (8 & Under)	Male	Hillingdon Triathletes	07:31.1
228	Franziska	Koehler	TRISTAR (8 & Under)	Female		07:38.3
240	Spencer	Golden	TRISTAR (8 & Under)	Male		08:06.9
231	Aaria	Mehta	TRISTAR (8 & Under)	Female		08:07.4
243	Rafie	Malliwal	TRISTAR (8 & Under)	Male		08:08.1
230	Frances	Mansi	TRISTAR (8 & Under)	Female		08:13.1
229	Robyn	Mansi	TRISTAR (8 & Under)	Female		DNF
234	Reeva	Sehmi	TRISTAR (8 & Under)	Female		DNS
235	Maanya	Singh	TRISTAR (8 & Under)	Female		DNS
236	Daya	Singh	TRISTAR (8 & Under)	Female		DNS
245	Willoughby	Sebastian	TRISTAR (8 & Under)	Male		DNS

Bib 229 : First Run only

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022   Race Director J Snell
TRISTAR U8

Date 27 March 2022
Event Start 10:30

Format	Run 400m / Bike 1500m / Run 200m
Direction	Anti Clockwise : Mass Start
Sheet Rev	0

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall mm:ss.s
Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : GENDER

BIB	First Name	Last Name	Category	Gender	Club	Time
237	Emily	Walmsley	TRISTAR (8 & Under)	Female	Epsom District Swimming Club	05:43.9
232	Abigail	O'Dornan	TRISTAR (8 & Under)	Female		06:24.2
226	Emilia	Allen	TRISTAR (8 & Under)	Female		06:25.3
227	Emily	Knight	TRISTAR (8 & Under)	Female	Hillingdon Triathletes	06:28.5
233	Hannah	Schofield	TRISTAR (8 & Under)	Female	Hillingdon Triathletes	06:32.0
228	Franziska	Koehler	TRISTAR (8 & Under)	Female		07:38.3
231	Aaria	Mehta	TRISTAR (8 & Under)	Female		08:07.4
230	Frances	Mansi	TRISTAR (8 & Under)	Female		08:13.1
229	Robyn	Mansi	TRISTAR (8 & Under)	Female		DNF
234	Reeva	Sehmi	TRISTAR (8 & Under)	Female		DNS
235	Maanya	Singh	TRISTAR (8 & Under)	Female		DNS
236	Daya	Singh	TRISTAR (8 & Under)	Female		DNS

Bib 229 : First Run only

BIB	First Name	Last Name	Category	Gender	Club	Time
239	Thomas	Day	TRISTAR (8 & Under)	Male		05:43.5
241	Elystan	Hopping	TRISTAR (8 & Under)	Male		06:02.8
244	Theo	Moulden	TRISTAR (8 & Under)	Male	Greenwich Tritons	06:09.0
247	Xan	Tuncer	TRISTAR (8 & Under)	Male	Oxford City AC	06:13.7
246	Theseus	Tuncer	TRISTAR (8 & Under)	Male	Oxford City AC	06:27.1
238	Tobias	Crossley	TRISTAR (8 & Under)	Male	Hillingdon Slipstreamers	06:34.4
248	Tomasz	Wojtal	TRISTAR (8 & Under)	Male	Hillingdon Triathletes	06:44.0
242	Caspar	Jones	TRISTAR (8 & Under)	Male		07:19.2
249	Filip	Wojtal	TRISTAR (8 & Under)	Male	Hillingdon Triathletes	07:31.1
240	Spencer	Golden	TRISTAR (8 & Under)	Male		08:06.9
243	Rafie	Malliwal	TRISTAR (8 & Under)	Male		08:08.1
245	Willoughby	Sebastian	TRISTAR (8 & Under)	Male		DNS

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
TRISTAR 1 : AGE 9 & 10 YEARS

Race Director   J Snell

Date 27 March 2022
Event Start 10:50

Format   Run 800m / Bike 4000m / Run 400m
Direction   Clockwise : Mass Start
Sheet Rev   0

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s

Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : OPEN

Bib	First Name	Last Name	Category	Gender	Club	Time	Laps
211	Jago	Dinnage	TRISTAR 1 (Ages 9 and 10)	Male	Weald Tri Club	13:38.4	6/6
207	Rafael	Berry	TRISTAR 1 (Ages 9 and 10)	Male	Optima Juniors	13:39.8	6/6
223	Alaric	Tuncer	TRISTAR 1 (Ages 9 and 10)	Male	Oxford City AC	13:53.9	6/6
214	Frederick	Jones	TRISTAR 1 (Ages 9 and 10)	Male	Crystal Palace Triathletes	14:54.1	6/6
224	Leo	Watson	TRISTAR 1 (Ages 9 and 10)	Male	Westcroft Triathlon Club	14:59.9	6/6
220	Myles	Schofield	TRISTAR 1 (Ages 9 and 10)	Male	Hillingdon Triathletes	15:41.2	6/6
218	Fletcher	Porter	TRISTAR 1 (Ages 9 and 10)	Male	Greenwich Tritons	15:45.8	6/6
198	Maely	Felloussi	TRISTAR 1 (Ages 9 and 10)	Female		15:57.3	6/6
213	Emrys	Hopping	TRISTAR 1 (Ages 9 and 10)	Male	Westcroft Triathlon Club	16:00.7	6/6
219	Kasper	Rawlins	TRISTAR 1 (Ages 9 and 10)	Male	Optima Juniors	16:12.0	6/6
199	Francesca	Knell	TRISTAR 1 (Ages 9 and 10)	Female		16:22.5	6/6
225	Charlie	Wouters	TRISTAR 1 (Ages 9 and 10)	Male	Optima Juniors	16:28.3	6/6
217	Christopher	O'Dornan	TRISTAR 1 (Ages 9 and 10)	Male	Evo Junior Triathlon Club	16:31.8	6/6
200	Anna	Knight	TRISTAR 1 (Ages 9 and 10)	Female	Hillingdon Triathletes	16:33.6	6/6
216	Finlay	Nippard	TRISTAR 1 (Ages 9 and 10)	Male	Westcroft Triathlon Club	16:38.0	6/6
206	Frederic	Allen	TRISTAR 1 (Ages 9 and 10)	Male		16:46.7	6/6
203	Ottilie	Sly	TRISTAR 1 (Ages 9 and 10)	Female	jetstream tri club	17:06.3	6/6
196	Lauren	Cutler	TRISTAR 1 (Ages 9 and 10)	Female	Westcroft	17:11.4	6/6
222	William	Soper	TRISTAR 1 (Ages 9 and 10)	Male		17:58.4	6/6
210	Finlay	Crossley	TRISTAR 1 (Ages 9 and 10)	Male	Hillingdon Slipstreamers	18:01.8	6/6
205	Sam	Addison	TRISTAR 1 (Ages 9 and 10)	Male	Evo Tri Club	18:14.3	6/6
212	Archie	Hearne	TRISTAR 1 (Ages 9 and 10)	Male	Hoddesdon Tri Club	19:27.5	6/6
204	Sophie	Tom	TRISTAR 1 (Ages 9 and 10)	Female	Hoddesdon Tri Club	20:58.0	6/6
202	Roya	Malliwal	TRISTAR 1 (Ages 9 and 10)	Female		21:16.3	6/6
215 *	Kal-El	Mehta	TRISTAR 1 (Ages 9 and 10)	Male		17:47.7	5/6
221 *	Timmy	Sebastian	TRISTAR 1 (Ages 9 and 10)	Male		20:57.4	5/6
208 *	Ali	Bokhari	TRISTAR 1 (Ages 9 and 10)	Male		20:34.3	4/6
209 *	Peter	Cross	TRISTAR 1 (Ages 9 and 10)	Male		09:20.8	2/6
197	Madison	Duxbury	TRISTAR 1 (Ages 9 and 10)	Female		DNS	-
201	Holly	Lambert	TRISTAR 1 (Ages 9 and 10)	Female	Optima Racing Team	DNS	-

Bibs 215, 221, 208 completed the indicated number of laps (run, reduced bike laps, run)
Bib 209 completed the first run and 1 bike lap

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
TRISTAR 1 : AGE 9 & 10 YEARS

	Race Director	J Snell

Date 27 March 2022
Event Start 10:50

Format	Run 800m / Bike 4000m / Run 400m	
Direction	Clockwise : Mass Start	
Sheet Rev	0	

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s

Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : GENDER

Bib	First Name	Last Name	Category	Gender	Club	Time	Laps
198	Maely	Felloussi	TRISTAR 1 (Ages 9 and 10)	Female		15:57.3	6/6
199	Francesca	Knell	TRISTAR 1 (Ages 9 and 10)	Female		16:22.5	6/6
200	Anna	Knight	TRISTAR 1 (Ages 9 and 10)	Female	Hillingdon Triathletes	16:33.6	6/6
203	Ottilie	Sly	TRISTAR 1 (Ages 9 and 10)	Female	jetstream tri club	17:06.3	6/6
196	Lauren	Cutler	TRISTAR 1 (Ages 9 and 10)	Female	Westcroft	17:11.4	6/6
204	Sophie	Tom	TRISTAR 1 (Ages 9 and 10)	Female	Hoddesdon Tri Club	20:58.0	6/6
202	Roya	Malliwal	TRISTAR 1 (Ages 9 and 10)	Female		21:16.3	6/6
197	Madison	Duxbury	TRISTAR 1 (Ages 9 and 10)	Female		DNS	-
201	Holly	Lambert	TRISTAR 1 (Ages 9 and 10)	Female	Optima Racing Team	DNS	-

Bib	First Name	Last Name	Category	Gender	Club	Time	Laps
211	Jago	Dinnage	TRISTAR 1 (Ages 9 and 10)	Male	Weald Tri Club	13:38.4	6/6
207	Rafael	Berry	TRISTAR 1 (Ages 9 and 10)	Male	Optima Juniors	13:39.8	6/6
223	Alaric	Tuncer	TRISTAR 1 (Ages 9 and 10)	Male	Oxford City AC	13:53.9	6/6
214	Frederick	Jones	TRISTAR 1 (Ages 9 and 10)	Male	Crystal Palace Triathletes	14:54.1	6/6
224	Leo	Watson	TRISTAR 1 (Ages 9 and 10)	Male	Westcroft Triathlon Club	14:59.9	6/6
220	Myles	Schofield	TRISTAR 1 (Ages 9 and 10)	Male	Hillingdon Triathletes	15:41.2	6/6
218	Fletcher	Porter	TRISTAR 1 (Ages 9 and 10)	Male	Greenwich Tritons	15:45.8	6/6
213	Emrys	Hopping	TRISTAR 1 (Ages 9 and 10)	Male	Westcroft Triathlon Club	16:00.7	6/6
219	Kasper	Rawlins	TRISTAR 1 (Ages 9 and 10)	Male	Optima Juniors	16:12.0	6/6
225	Charlie	Wouters	TRISTAR 1 (Ages 9 and 10)	Male	Optima Juniors	16:28.3	6/6
217	Christopher	O'Dornan	TRISTAR 1 (Ages 9 and 10)	Male	Evo Junior Triathlon Club	16:31.8	6/6
216	Finlay	Nippard	TRISTAR 1 (Ages 9 and 10)	Male	Westcroft Triathlon Club	16:38.0	6/6
206	Frederic	Allen	TRISTAR 1 (Ages 9 and 10)	Male		16:46.7	6/6
222	William	Soper	TRISTAR 1 (Ages 9 and 10)	Male		17:58.4	6/6
210	Finlay	Crossley	TRISTAR 1 (Ages 9 and 10)	Male	Hillingdon Slipstreamers	18:01.8	6/6
205	Sam	Addison	TRISTAR 1 (Ages 9 and 10)	Male	Evo Tri Club	18:14.3	6/6
212	Archie	Hearne	TRISTAR 1 (Ages 9 and 10)	Male	Hoddesdon Tri Club	19:27.5	6/6
215 *	Kal-El	Mehta	TRISTAR 1 (Ages 9 and 10)	Male		17:47.7	5/6
221 *	Timmy	Sebastian	TRISTAR 1 (Ages 9 and 10)	Male		20:57.4	5/6
208 *	Ali	Bokhari	TRISTAR 1 (Ages 9 and 10)	Male		20:34.3	4/6
209 *	Peter	Cross	TRISTAR 1 (Ages 9 and 10)	Male		09:20.8	2/6

Bibs 215, 221, 208 completed the indicated number of laps (run, reduced bike laps, run)
Bib 209 completed the first run and 1 bike lap

Spring Family Duathlon

Date 27 March 2022   Format   Run 1500m / Bike 6000m / Run 600m
Event Start 11:30   Start   Mass Start
    Sheet Rev   0

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams

Time Format : Laps mm:ss.s / Overall hh:mm:ss.s

Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : OPEN

Bib	First Name	Last Name	Category	Gender	Club	Time
121	Leon	Boulting	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	19:32.6
159	Sophie	Richmond	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Weald Tri Club	19:33.4
125	Harry	Jodrell	TRISTAR 2 BOYS (Ages 11 and 12)	Male		19:53.0
138	Otto	Balaam	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Crystal Palace Triathletes	20:13.1
115	Alex	Hughes	TRISTAR 2 BOYS (Ages 11 and 12)	Male		20:28.0
133	Noah	Preston	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Weald Tri Club	20:41.9
161	Naomi	Walmsley	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	South London harriers	20:47.3
135	henry	mythen	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Thames Turbo	20:49.9
142	Caleb	Rushton	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	20:52.2
136	Miles	Jones	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Crystal Palace Triathletes	20:56.8
157	Danielle	McGlashan	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Thames Turbo	21:02.5
119	Elliott	Moulden	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Greenwich Tritons	21:09.3
123	Rory	Wouters	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	21:14.8
141	Ethan	Rushton	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	21:26.1
128	Thomas	Lazenby	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Chris Lazenby	21:27.2
127	Samuel	Knell	TRISTAR 2 BOYS (Ages 11 and 12)	Male		21:30.8
122	Henry	Harvey	TRISTAR 2 BOYS (Ages 11 and 12)	Male		21:35.1
114	Hector	Tuncer	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Oxford City AC	21:36.1
126	Fryderyk	Lebioda	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Thames Turbo Triathlon Club	21:37.3
131	Harry	Hibberd	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Crystal Palace Junior Triathletes	21:40.1
162	Elena	White	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	21:45.6
124	Lewys	Poole	TRISTAR 2 BOYS (Ages 11 and 12)	Male	thames turbo triathlon	21:57.5
129	Rocco	Rawlins	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	22:10.7
155	Poppy	Macdonald	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Thames Turbo Triathlon Club	22:13.1
158	Jessica	Plummer	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Team MK	22:19.3
118	Noah	Lansing	TRISTAR 2 BOYS (Ages 11 and 12)	Male	SASC	22:29.2
150	Salomé	Bouten	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	22:34.8
153	Isla	Day	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	23:01.9
137	Julius	Daviter-Nowell	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Thames Turbo Triathlon Club	23:05.7
116	Joshua	Hall	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Beachbrough triathlon	23:16.5
130	Ethan	Berry	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	23:32.1
151	Sophie	Cutler	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Westcroft Triathlon Club	24:18.2
156	Isla	MacFarlane	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Westcroft Triathlon Club	26:21.2
152	Rosie	Day	TRISTAR 2 GIRLS (Ages 11 and 12)	Female		26:28.0
154	Katrina	John	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	27:27.0
144	Jacob	O'Brien	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	28:26.7
145	Blake	Smurfit	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Ealing Junior Triathlon Club	31:13.9
113 *	Jonathan	Addison	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Evo Tri Club	22:12.2
117 *	Parin	Kumar	TRISTAR 2 BOYS (Ages 11 and 12)	Male		23:28.8
120 *	Iggy	Sebastian	TRISTAR 2 BOYS (Ages 11 and 12)	Male		24:22.5
160 *	Annabelle	Shotton	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Hillingdon AC	27:09.2
132	Felix	Danielli	TRISTAR 2 BOYS (Ages 11 and 12)	Male		DNS
134	Edward	Sly	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Jetstream Tri Club	DNS
139	William	Lambert	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Racing Team	DNS
140	Hector	Dimitriadis	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	DNS
143	Luke	Harcourt-Smith	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	DNS

Bibs 113, 117, 120 & 160 : 5 bike laps

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
TRISTAR 2 : AGE 11 & 12 YEARS

Race Director	J Snell

Date 27 March 2022
Event Start 11:30

Format	Run 1500m / Bike 6000m / Run 600m
Start	Mass Start
Sheet Rev	0

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams

Time Format : Laps mm:ss.s / Overall hh:mm:ss.s

Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and include the T1 and T2 transitions

CATEGORY : GENDER

Bib	First Name	Last Name	Category	Gender	Club	Time
159	Sophie	Richmond	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Weald Tri Club	19:33.4
161	Naomi	Walmsley	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	South London harriers	20:47.3
157	Danielle	McGlashan	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Thames Turbo	21:02.5
162	Elena	White	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	21:45.6
155	Poppy	Macdonald	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Thames Turbo Triathlon Club	22:13.1
158	Jessica	Plummer	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Team MK	22:19.3
150	Salomé	Bouten	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	22:34.8
153	Isla	Day	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	23:01.9
151	Sophie	Cutler	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Westcroft Triathlon Club	24:18.2
156	Isla	MacFarlane	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Westcroft Triathlon Club	26:21.2
152	Rosie	Day	TRISTAR 2 GIRLS (Ages 11 and 12)	Female		26:28.0
154	Katrina	John	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Crystal Palace Triathletes	27:27.0
160 *	Annabelle	Shotton	TRISTAR 2 GIRLS (Ages 11 and 12)	Female	Hillingdon AC	27:09.2

Bib 160 : 5 bike laps

Bib	First Name	Last Name	Category	Gender	Club	Time
121	Leon	Boulting	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	19:32.6
125	Harry	Jodrell	TRISTAR 2 BOYS (Ages 11 and 12)	Male		19:53.0
138	Otto	Balaam	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Crystal Palace Triathletes	20:13.1
115	Alex	Hughes	TRISTAR 2 BOYS (Ages 11 and 12)	Male		20:28.0
133	Noah	Preston	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Weald Tri Club	20:41.9
135	henry	mythen	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Thames Turbo	20:49.9
142	Caleb	Rushton	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	20:52.2
136	Miles	Jones	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Crystal Palace Triathletes	20:56.8
119	Elliott	Moulden	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Greenwich Tritons	21:09.3
123	Rory	Wouters	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	21:14.8
141	Ethan	Rushton	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	21:26.1
128	Thomas	Lazenby	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Chris Lazenby	21:27.2
127	Samuel	Knell	TRISTAR 2 BOYS (Ages 11 and 12)	Male		21:30.8
122	Henry	Harvey	TRISTAR 2 BOYS (Ages 11 and 12)	Male		21:35.1
114	Hector	Tuncer	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Oxford City AC	21:36.1
126	Fryderyk	Lebioda	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Thames Turbo Triathlon Club	21:37.3
131	Harry	Hibberd	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Crystal Palace Junior Triathletes	21:40.1
124	Lewys	Poole	TRISTAR 2 BOYS (Ages 11 and 12)	Male	thames turbo triathlon	21:57.5
129	Rocco	Rawlins	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	22:10.7
118	Noah	Lansing	TRISTAR 2 BOYS (Ages 11 and 12)	Male	SASC	22:29.2
137	Julius	Daviter-Nowell	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Thames Turbo Triathlon Club	23:05.7
116	Joshua	Hall	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Beachbrough triathlon	23:16.5
130	Ethan	Berry	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Juniors	23:32.1
144	Jacob	O'Brien	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	28:26.7
145	Blake	Smurfit	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Ealing Junior Triathlon Club	31:13.9
113 *	Jonathan	Addison	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Evo Tri Club	22:12.2
117 *	Parin	Kumar	TRISTAR 2 BOYS (Ages 11 and 12)	Male		23:28.8
120 *	Iggy	Sebastian	TRISTAR 2 BOYS (Ages 11 and 12)	Male		24:22.5
132	Felix	Danielli	TRISTAR 2 BOYS (Ages 11 and 12)	Male		DNS
134	Edward	Sly	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Jetstream Tri Club	DNS
139	William	Lambert	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Optima Racing Team	DNS
140	Hector	Dimitriadis	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	DNS
143	Luke	Harcourt-Smith	TRISTAR 2 BOYS (Ages 11 and 12)	Male	Westcroft Triathlon Club	DNS

Bibs 113, 117, 120 : 5 bike laps

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022   Race Director   J Snell
TRISTAR 3 : AGE 13 & 14 YEARS

Date 27 March 2022   Format   Run 2000m / Bike 7000m / Run 800m
Event Start 12:15   Start   Mass Start
                                                 Sheet Rev   1

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s
Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and

CATEGORY : OPEN

BIB	First Name	Last Name	Category	Gender	Club	Time
185	Luke	Draper	TRISTAR 3 (Ages 13 and 14)	Male	Weald Tri Club	22:39.8
189	Alexander	McGuigan	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	23:02.0
194	Oliver	Taplin	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	23:56.6
168	Charlotte	Hall	TRISTAR 3 (Ages 13 and 14)	Female	Beachborough Triathlon Club	24:05.1
169	Emma	Harding	TRISTAR 3 (Ages 13 and 14)	Female	Windrush Triathlon Club	24:16.2
190	Tom	Mythen	TRISTAR 3 (Ages 13 and 14)	Male	Thames Turbo Triathlon	24:30.9
180	Elizabeth	Wallace	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	24:46.9
177	Rachel	Riedlinger	TRISTAR 3 (Ages 13 and 14)	Female	Thames Turbo Triathlon	25:06.2
186	Zachary	Elliott	TRISTAR 3 (Ages 13 and 14)	Male	Optima Racing Team	25:14.0
163	Camilla	Baluch	TRISTAR 3 (Ages 13 and 14)	Female	Thames Turbo Triathlon	25:32.4
164	Luna-Lucia	Bouten	TRISTAR 3 (Ages 13 and 14)	Female	Crystal Palace Triathletes	25:39.4
172	Noemie	Klanga	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	25:46.3
184	William	Day	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	25:59.3
179	Anna	Stoneham	TRISTAR 3 (Ages 13 and 14)	Female		26:36.7
192	William	Ormerod	TRISTAR 3 (Ages 13 and 14)	Male	Thames Turbo Triathlon	27:07.2
191	Arron	O'Brien	TRISTAR 3 (Ages 13 and 14)	Male	Westcroft Triathlon Club	27:38.2
173	Jasmine	Mahoney	TRISTAR 3 (Ages 13 and 14)	Female	Crystal Palace Triathletes	27:45.6
166	Tilly	Coltrini	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	28:27.6
170	Joshua	Hearne	TRISTAR 3 (Ages 13 and 14)	Female	Hoddesdon Tri Club	28:48.3
171	Kyla	Holt	TRISTAR 3 (Ages 13 and 14)	Female		29:04.8
188	Cameron	MacFarlane	TRISTAR 3 (Ages 13 and 14)	Male	Westcroft Triathlon Club	29:18.5
178	Molly	Sheil	TRISTAR 3 (Ages 13 and 14)	Female	Westcroft Triathlon Club	29:32.4
187	Michael	Knight	TRISTAR 3 (Ages 13 and 14)	Male	Hillingdon Triathletes	30:58.8
174	Alice	Millington	TRISTAR 3 (Ages 13 and 14)	Female	Westcroft Triathlon Club	32:55.5
176 *	Natalia	Radomska	TRISTAR 3 (Ages 13 and 14)	Female	Hillingdon Triathletes	24:16.5
193 *	Oliver	Richmond	TRISTAR 3 (Ages 13 and 14)	Male	Weald Tri Club	24:23.1
165	Tabitha	Bullock	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	DNS
167	Fiona	cross	TRISTAR 3 (Ages 13 and 14)	Female		DNS
175	Hannah	Painter	TRISTAR 3 (Ages 13 and 14)	Female	Medway Tri	DNS
181	Oskar	Brimacombe	TRISTAR 3 (Ages 13 and 14)	Male	Optima Racing Team	DNS
182	Marco	D'Amico	TRISTAR 3 (Ages 13 and 14)	Male	Jetstream Tri Club	DNS
195	Stanley	Watts	TRISTAR 3 (Ages 13 and 14)	Male	Ealing Triathletes	DNS

Bibs 176 & 193 : 4 bike laps

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022
TRISTAR 3 : AGE 13 & 14 YEARS

Race Director   J Snell

Date 27 March 2022
Event Start 12:15

Format   Run 2000m / Bike 7500m / Run 800m
Start   Mass Start
Sheet Rev   1

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s
Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line, all splits are lap times and

CATEGORY : GENDER

BIB	First Name	Last Name	Category	Gender	Club	Time
168	Charlotte	Hall	TRISTAR 3 (Ages 13 and 14)	Female	Beachborough Triathlon Club	24:05.1
169	Emma	Harding	TRISTAR 3 (Ages 13 and 14)	Female	Windrush Triathlon Club	24:16.2
180	Elizabeth	Wallace	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	24:46.9
177	Rachel	Riedlinger	TRISTAR 3 (Ages 13 and 14)	Female	Thames Turbo Triathlon	25:06.2
163	Camilla	Baluch	TRISTAR 3 (Ages 13 and 14)	Female	Thames Turbo Triathlon	25:32.4
164	Luna-Lucia	Bouten	TRISTAR 3 (Ages 13 and 14)	Female	Crystal Palace Triathletes	25:39.4
172	Noemie	Klanga	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	25:46.3
179	Anna	Stoneham	TRISTAR 3 (Ages 13 and 14)	Female		26:36.7
173	Jasmine	Mahoney	TRISTAR 3 (Ages 13 and 14)	Female	Crystal Palace Triathletes	27:45.6
166	Tilly	Coltrini	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	28:27.6
170	Joshua	Hearne	TRISTAR 3 (Ages 13 and 14)	Female	Hoddesdon Tri Club	28:48.3
171	Kyla	Holt	TRISTAR 3 (Ages 13 and 14)	Female		29:04.8
178	Molly	Sheil	TRISTAR 3 (Ages 13 and 14)	Female	Westcroft Triathlon Club	29:32.4
174	Alice	Millington	TRISTAR 3 (Ages 13 and 14)	Female	Westcroft Triathlon Club	32:55.5
176 *	Natalia	Radomska	TRISTAR 3 (Ages 13 and 14)	Female	Hillingdon Triathletes	24:16.5
165	Tabitha	Bullock	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	DNS
167	Fiona	cross	TRISTAR 3 (Ages 13 and 14)	Female		DNS
175	Hannah	Painter	TRISTAR 3 (Ages 13 and 14)	Female	Medway Tri	DNS

Bib 176 : 4 bike laps

BIB	First Name	Last Name	Category	Gender	Club	Time
185	Luke	Draper	TRISTAR 3 (Ages 13 and 14)	Male	Weald Tri Club	22:39.8
189	Alexander	McGuigan	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	23:02.0
194	Oliver	Taplin	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	23:56.6
190	Tom	Mythen	TRISTAR 3 (Ages 13 and 14)	Male	Thames Turbo Triathlon	24:30.9
186	Zachary	Elliott	TRISTAR 3 (Ages 13 and 14)	Male	Optima Racing Team	25:14.0
184	William	Day	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	25:59.3
192	William	Ormerod	TRISTAR 3 (Ages 13 and 14)	Male	Thames Turbo Triathlon	27:07.2
191	Arron	O'Brien	TRISTAR 3 (Ages 13 and 14)	Male	Westcroft Triathlon Club	27:38.2
188	Cameron	MacFarlane	TRISTAR 3 (Ages 13 and 14)	Male	Westcroft Triathlon Club	29:18.5
187	Michael	Knight	TRISTAR 3 (Ages 13 and 14)	Male	Hillingdon Triathletes	30:58.8
193 *	Oliver	Richmond	TRISTAR 3 (Ages 13 and 14)	Male	Weald Tri Club	24:23.1
181	Oskar	Brimacombe	TRISTAR 3 (Ages 13 and 14)	Male	Optima Racing Team	DNS
182	Marco	D'Amico	TRISTAR 3 (Ages 13 and 14)	Male	Jetstream Tri Club	DNS
195	Stanley	Watts	TRISTAR 3 (Ages 13 and 14)	Male	Ealing Triathletes	DNS

Bib 93 : 4 bike laps

Spring Family Duathlon

HILLINGDON TRIATHLETES : SPRING FAMILY DUALTHLON 2022   Race Director   J Snell
TRISTAR 3 : AGE 13 & 14 YEARS

Date 27 March 2022   Format   Run 2000m / Bike 7000m / Run 800m
Event Start 12:15   Start   Mass Start
           Sheet Rev   1

Chip Timing : MyLaps ProChip Timing S Grant / Time Keepers J Brockhouse/M Eidem/P Williams
Time Format : Laps mm:ss.s / Overall hh:mm:ss.s
Note : Irrespective of your start position on the grid, your transponder began timing the instant you crossed the start/finish line,

CATEGORY : OPEN

BIB	First Name	Last Name	Category	Gender	Club	Run 1	Run2 + T	Bike 1	Bike 2	Bike 3	Bike 4	Bike 5	Bike 6	Bike 7 + T	Run 3	Time
185	Luke	Draper	TRISTAR 3 (Ages 13 and 14)	Male	Weald Tri Club	03:33.7	03:44.8	01:53.6	01:41.4	01:43.9	01:42.1	01:42.8	01:43.3	02:08.4	02:45.8	22:39.8
189	Alexander	McGuigan	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	03:29.3	03:51.5	01:54.5	01:47.6	01:47.9	01:49.0	01:47.7	01:47.3	02:01.2	02:46.0	23:02.0
194	Oliver	Taplin	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	03:35.4	03:55.1	01:55.4	01:46.4	01:48.5	01:48.9	01:47.0	01:47.3	02:17.2	03:15.4	23:56.6
168	Charlotte	Hall	TRISTAR 3 (Ages 13 and 14)	Female	Beachborough Triathlon Club	03:44.3	04:11.1	01:58.5	01:52.0	01:48.3	01:48.7	01:47.3	01:47.9	02:10.8	02:56.2	24:05.1
169	Emma	Harding	TRISTAR 3 (Ages 13 and 14)	Female	Windrush Triathlon Club	03:45.6	04:14.8	01:57.5	01:48.3	01:48.6	01:48.3	01:47.7	01:48.0	02:17.8	02:59.6	24:16.2
190	Tom	Mythen	TRISTAR 3 (Ages 13 and 14)	Male	Thames Turbo Triathlon	03:28.1	03:47.3	02:06.1	02:02.6	02:02.0	02:02.8	02:01.1	02:01.7	02:17.8	02:41.4	24:30.9
180	Elizabeth	Wallace	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	03:55.5	04:34.6	01:51.1	01:44.4	01:43.4	01:48.7	01:45.2	01:44.0	02:08.6	03:31.4	24:46.9
177	Rachel	Riedlinger	TRISTAR 3 (Ages 13 and 14)	Female	Thames Turbo Triathlon	03:47.3	04:11.6	01:58.6	01:58.3	01:58.7	01:57.8	01:54.5	01:55.3	02:15.3	03:08.8	25:06.2
186	Zachary	Elliott	TRISTAR 3 (Ages 13 and 14)	Male	Optima Racing Team	03:41.7	04:04.9	02:14.1	02:04.0	02:01.7	02:02.9	01:58.2	02:00.5	02:21.7	02:44.3	25:14.0
163	Camilla	Baluch	TRISTAR 3 (Ages 13 and 14)	Female	Thames Turbo Triathlon	03:47.6	04:13.6	02:11.2	01:59.1	01:59.8	01:56.1	02:00.5	01:57.5	02:18.0	03:09.0	25:32.4
164	Luna-Lucia	Bouten	TRISTAR 3 (Ages 13 and 14)	Female	Crystal Palace Triathletes	03:58.9	04:30.0	02:04.5	01:49.6	01:53.9	01:52.0	01:52.6	01:55.4	02:19.7	03:22.8	25:39.4
172	Noemie	Klanga	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	03:49.3	04:21.1	02:11.2	01:56.9	01:58.6	01:50.2	01:57.1	02:00.2	02:18.0	03:23.7	25:46.3
184	William	Day	TRISTAR 3 (Ages 13 and 14)	Male	Crystal Palace Triathletes	03:47.7	04:33.3	02:05.4	01:57.0	01:56.1	01:52.5	01:54.8	02:26.7	02:23.6	03:02.2	25:59.3
179	Anna	Stoneham	TRISTAR 3 (Ages 13 and 14)	Female		03:59.7	04:44.0	01:58.4	02:00.5	02:02.8	02:01.9	02:06.3	02:01.2	02:20.4	03:21.5	26:36.7
192	William	Ormerod	TRISTAR 3 (Ages 13 and 14)	Male	Thames Turbo Triathlon	03:46.0	04:11.7	02:12.0	02:09.2	02:10.0	02:13.8	02:09.3	02:16.7	02:38.2	03:20.3	27:07.2
191	Arron	O'Brien	TRISTAR 3 (Ages 13 and 14)	Male	Westcroft Triathlon Club	04:03.0	04:35.9	02:10.9	02:09.6	02:11.2	02:13.3	02:12.1	02:10.6	02:39.7	03:11.9	27:38.2
173	Jasmine	Mahoney	TRISTAR 3 (Ages 13 and 14)	Female	Crystal Palace Triathletes	03:59.7	04:23.3	02:20.6	02:17.0	02:17.7	02:19.0	02:15.7	02:15.5	02:27.3	03:09.8	27:45.6
166	Tilly	Coltrini	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	04:15.3	05:02.4	02:13.3	02:04.6	02:08.3	02:08.5	02:08.3	02:05.1	02:29.0	03:52.8	28:27.6
170	Joshua	Hearne	TRISTAR 3 (Ages 13 and 14)	Female	Hoddesdon Tri Club	04:00.9	04:25.0	02:21.4	02:24.0	02:28.3	02:22.8	02:25.3	02:27.3	02:41.9	03:11.4	28:48.3
171	Kyla	Holt	TRISTAR 3 (Ages 13 and 14)	Female		04:09.9	04:51.1	02:25.3	02:16.9	02:18.8	02:16.7	02:20.2	02:22.3	02:41.7	03:21.9	29:04.8
188	Cameron	MacFarlane	TRISTAR 3 (Ages 13 and 14)	Male	Westcroft Triathlon Club	04:05.2	04:46.3	02:28.6	02:22.6	02:19.5	02:22.0	02:20.0	02:24.4	02:42.1	03:27.8	29:18.5
178	Molly	Sheil	TRISTAR 3 (Ages 13 and 14)	Female	Westcroft Triathlon Club	03:57.9	04:48.3	02:28.5	02:24.5	02:21.5	02:20.9	02:25.3	02:26.2	02:37.5	03:41.8	29:32.4
187	Michael	Knight	TRISTAR 3 (Ages 13 and 14)	Male	Hillingdon Triathletes	04:09.6	04:44.6	02:30.5	02:33.3	02:33.7	02:35.5	02:35.2	02:40.6	02:55.7	03:40.1	30:58.8
174	Alice	Millington	TRISTAR 3 (Ages 13 and 14)	Female	Westcroft Triathlon Club	04:42.1	05:27.5	02:42.0	02:42.2	02:42.2	02:38.5	02:34.9	02:34.9	02:58.7	03:52.5	32:55.5
176 *	Natalia	Radomska	TRISTAR 3 (Ages 13 and 14)	Female	Hillingdon Triathletes	04:10.2	04:46.6	01:59.1	01:55.6	01:55.2	01:54.1	01:57.4	02:17.6	-	03:20.7	24:16.5
193 *	Oliver	Richmond	TRISTAR 3 (Ages 13 and 14)	Male	Weald Tri Club	03:54.2	04:37.3	02:00.9	01:57.8	01:56.6	01:58.3	01:58.6	02:41.8	-	03:17.6	24:23.1
165	Tabitha	Bullock	TRISTAR 3 (Ages 13 and 14)	Female	Greenwich Tritons	-	-	-	-	-	-	-	-	-	-	DNS
167	Fiona	Cross	TRISTAR 3 (Ages 13 and 14)	Female		-	-	-	-	-	-	-	-	-	-	DNS
175	Hannah	Painter	TRISTAR 3 (Ages 13 and 14)	Female	Medway Tri	-	-	-	-	-	-	-	-	-	-	DNS
181	Oskar	Brimacombe	TRISTAR 3 (Ages 13 and 14)	Male	Optima Racing Team	-	-	-	-	-	-	-	-	-	-	DNS
182	Marco	D'Amico	TRISTAR 3 (Ages 13 and 14)	Male	Jetstream Tri Club	-	-	-	-	-	-	-	-	-	-	DNS
195	Stanley	Watts	TRISTAR 3 (Ages 13 and 14)	Male	Ealing Triathletes	-	-	-	-	-	-	-	-	-	-	DNS

Bibs 176 & 193 : 4 bike laps